



# healthiestyou™

By Teladoc

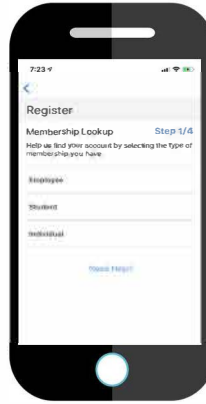
## How to register and get started with **HealthiestYou!**

### Step 1



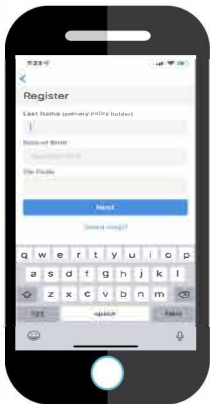
Search and download “HealthiestYou” or “HY” in the app store or Google Play! Available on your iPhone or Android devices!

### Step 2



Select “First time here? Register Now”. Select employee as your membership type.

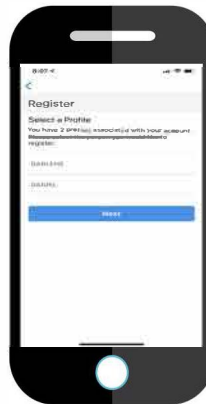
### Step 3



Enter the Primary Member's Information:

- Last Name
- D.O.B.
- Zip Code

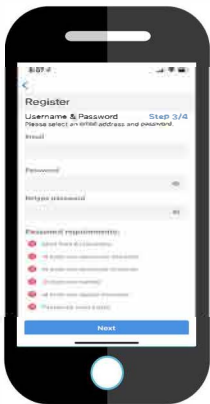
### Step 4



A list of names associated with the account will appear. Select your name.

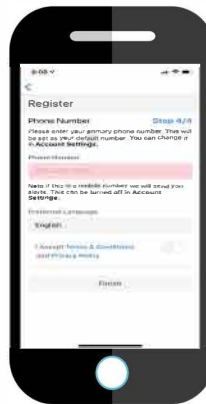
- Dependents under 18 will appear on the primary member's profile.
- Dependents over 18 will need to register their own account with a separate email.

### Step 5



Enter in a valid email address and password. Password must meet the listed requirements.

### Step 6



Enter in the best number to reach you. Our doctors will use this number to contact you.

Select your preferred language.

Click “I Accept Terms & Conditions.”

Click Finish.

Download the App Today!

[member.healthiestyou.com](http://member.healthiestyou.com)

Need A Doctor? 866-703-1259 x1

Account Help? 866-703-1259 x3