Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered ServicesCoverage Period: 10/01/2022 - 09/30/2023Culpeper County and Schools: Non Embedded High Deductible Health PlanCoverage for: Individual + Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms

of coverage, <u>https://eoc.anthem.com/eocdps/aso</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (833) 592-9956 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	 \$2,000/individual or \$4,000/family for In-<u>Network</u> <u>Providers</u> or Out-of-<u>Network</u> <u>Providers</u>. If you cover only yourself, you must satisfy the individual deductible before any covered services are paid by the health plan. If you cover yourself and any other dependents, the family deductible must be satisfied before any covered services are paid by the health plan. 	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and Vision exam for In- <u>Network</u> <u>Providers</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. For example, this <u>plan</u> covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$3,500/individual or \$7,000/family for In- <u>Network</u> <u>Providers</u> . \$6,000/ individual or \$11,900/family for Out-of- <u>Network Providers</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket limit</u> must be met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Routine vision care, the cost of care when the benefit limits have been reached, <u>Premiums</u> ,	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Will you pay less if you use a <u>network</u> <u>provider</u> ?	Balance-Billingcharges, andHealth Care this plandoesn'tcover.Yes. See www.anthem.comYes. See www.anthem.comorcall (833)592-9956 for a list ofnetwork providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

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		What You	ı Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
If you visit a health care	<u>Specialist</u> visit	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
provider's office or clinic	Preventive care/screening/ immunization	No charge	30% <u>coinsurance</u> after <u>deductible</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a toot	Diagnostic test (x-ray, blood work)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
If you have a test	Imaging (CT/PET scans, MRIs)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
If you need drugs to treat your illness or condition	Tier 1 - Typically Generic	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance or 90 day supply home delivery.	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance or 90 day supply home delivery.	*See <u>Prescription</u> <u>Drug</u> section. Note that if you visit an out-of-network pharmacy, you will pay the full cost of your prescription at the pharmacy then file a claim for reimbursement.	

		What You	ı Will Pay	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
More information about <u>prescription</u> <u>drug coverage</u> is available at <u>http://www.anthe</u>	Tier 2 - Typically Preferred / Brand	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance or 90 day supply home delivery.	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance or 90 day supply home delivery.	Reimbursement will be based on what a participating pharmacy would receive had the prescription been filled at a participating pharmacy. Most specialty drugs are limited to a 30 day supply
m.com/pharmacyin formation/ National formulary & National network	Tier 3 - Typically Non-Preferred / <u>Specialty Drugs</u>	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance or 90 day supply home delivery.	10% <u>coinsurance</u> after <u>deductible</u> 30 day supply retail; 90 day supply retail maintenance; 90 day supply home delivery- not covered	and must be obtained from the specialty pharmacy.
If you have	Facility fee (e.g., ambulatory surgery center)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
outpatient surgery	Physician/surgeon fees	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
	Emergency room care	10% <u>coinsurance</u> after <u>deductible</u>	Covered as In-Network	none
If you need immediate medical attention	Emergency medical transportation	10% <u>coinsurance</u> after <u>deductible</u>	Covered as In- <u>Network</u>	none
medical attention	<u>Urgent care</u>	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
If you have a	Facility fee (e.g., hospital room)	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
hospital stay	Physician/surgeon fees	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
If you need mental health, behavioral health, or substance	Outpatient services	Office Visit 10% <u>coinsurance</u> after <u>deductible</u> Other Outpatient 10% <u>coinsurance</u> after <u>deductible</u>	Office Visit 30% <u>coinsurance</u> after <u>deductible</u> Other Outpatient 30% <u>coinsurance</u> after <u>deductible</u>	Office Visit none Other Outpatient none
abuse services	Inpatient services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none
If you are pregnant	Office visits	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	

		What You	ı Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Childbirth/delivery professional services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	Maternity care may include tests and services described elsewhere in the	
	Childbirth/delivery facility services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	SBC (i.e. ultrasound.)	
	Home health care	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	100 visits/benefit period.	
	Rehabilitation services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	*C 'T'l C	
If you need help recovering or have	Habilitation services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	*See Therapy Services section	
other special health needs	Skilled nursing care	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	100 days limit/stay.	
	Durable medical equipment	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
	Hospice services	10% <u>coinsurance</u> after <u>deductible</u>	30% <u>coinsurance</u> after <u>deductible</u>	none	
If your child	Children's eye exam	\$15/visit <u>deductible</u> does not apply	\$30 allowance/visit <u>deductible</u> does not apply	*See Vision Services section	
needs dental or eye care	Children's glasses	Not covered	Not covered		
cyc carc	Children's dental check-up	Not covered	Not covered		

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cove <u>services</u> .)	r (Check your policy or <u>plan</u> document for more in	nformation and a list of any other <u>excluded</u>
Weight loss programs	Bariatric surgery	Cosmetic surgery
Dental care	Hearing aids	• Infertility treatment
• Long- term care	• Routine foot care unless you have been diagnosed with diabetes.	
	y to these services. This isn't a complete list. Plea	• • /
• Chiropractic care 30 visits/benefit period.	Coverage provided outside the United States	• Private-duty nursing 16
Acupuncture	www.bcbs.com/bluecardworldwide	hour/member/benefit period
• Routine eye care-one eye exam /member/benefit period.		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 27401, Richmond, VA 23279

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.------



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost</u> <u>sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$2,000 10% 10% 10%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$2,000 10% 10% 10%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist</u> <u>coinsurance</u> Hospital (facility) <u>coinsurance</u> Other <u>coinsurance</u> 	\$2,000 10% 10% 10%
This EXAMPLE event includes serv like:	vices	This EXAMPLE event includes serv like:	ices	This EXAMPLE event includes set like:	rvices
Specialist office visits (<i>prenatal care</i>)		Primary care physician office visits (<i>i</i> ,	ncluding	Emergency room care (including medi	ical supplies)
Childbirth/Delivery Professional Servic	ces	disease education)	0	Diagnostic test (x-ray)	
Childbirth/Delivery Facility Services		Diagnostic tests (blood work)zcx		Durable medical equipment (crutche	/
	7 \				
Diagnostic tests (ultrasounds and blood n	vork)	Prescription drugs		<u>Rehabilitation services</u> (physical thera	py)
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia)	vork)	Prescription drugs Durable medical equipment (glucose n	neter)	<u>Rehabilitation services</u> (physical thera	<u>ру)</u>
	\$12,840		neter) \$7,460	Rehabilitation services (physical thera Total Example Cost	<i>py)</i> \$2,010
Specialist visit (anesthesia)	,	Durable medical equipment (glucose n	,		
Specialist visit (anesthesia) Total Example Cost	,	Durable medical equipment (glucose n Total Example Cost	,	Total Example Cost	
Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay:	,	Durable medical equipment (glucose n Total Example Cost In this example, Joe would pay:	,	Total Example Cost In this example, Mia would pay:	
Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u>	\$12,840	Durable medical equipment (glucose m Total Example Cost In this example, Joe would pay: Cost Sharing	\$7,460	Total Example Cost In this example, Mia would pay: <u>Cost Sharing</u>	\$2,010
Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: <u>Cost Sharing</u> Deductibles	\$12,840 \$2,000	Durable medical equipment (glucose m Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u> Deductibles	\$7,460 \$1,198	Total Example Cost In this example, Mia would pay: <u>Cost Sharing</u> <u>Deductibles</u>	\$2,010 \$2,000
Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments	\$12,840 \$2,000 \$120	Durable medical equipment (glucose m Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u> Deductibles Copayments	\$7,460 \$1,198 \$7,170	Total Example Cost In this example, Mia would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u>	\$2,010 \$2,000 \$0
Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	\$12,840 \$2,000 \$120	Durable medical equipment (glucose m Total Example Cost In this example, Joe would pay: <u>Cost Sharing</u> Deductibles <u>Copayments</u> <u>Coinsurance</u>	\$7,460 \$1,198 \$7,170	Total Example Cost In this example, Mia would pay: <u>Cost Sharing</u> <u>Deductibles</u> <u>Copayments</u> <u>Coinsurance</u>	\$2,010 \$2,000 \$0

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (833) 592-9956

Amharic (አማርኛ)፦ ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (833) 592-9956 ይደውሉ።

Arabic (العربية): إذا كان لديك أي استفسارات بشأن هذا المستند، فيحق لك الحصول على المساعدة والمعلومات بلغتك دون مقابل. للتحدث إلى مترجم، اتصل على 9956-592 (833).

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (833) 592-9956։

Bassa (Băsóð Wùdù): M dyi dyi-diè-dè bě bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m ké gbo-kpá-kpá kè bỗ kpõ dé m bídí-wùdùǔn bó pídyi. Bé m ké wudu-ziìn-nyò dò gbo wùdù kɛ, dá (833) 592-9956.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, তাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (833) 592-9956 –তে কল করুন।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဖုန် (833) 592-9956 သို့ ခေါ်ဆိုပါ။

Chinese (中文):如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (833) 592-9956。

Dinka (Dinka): Na noŋ thiëëc në ke de yä thorë, ke yin noŋ loŋ bë yi kuony ku wɛr alëu bë gɛɛr yic yin ne thoŋ du ke cin wëu tääuë ke piny. Te kor yin ba jam wënë ran ye thok geryic, ke yin col (833) 592-9956.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (833) 592-9956.

Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینهای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره 592-9956 (833) تماس بگیرید.

French (Français) : Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (833) 592-9956.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (833) 592-9956.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (833) 592-9956.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (833) 592-9956.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (833) 592-9956.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें ^{(833) 592-9956} ।

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