

# Get Paid to Stay Well



Voluntary Benefits

  
**Trustmark**<sup>®</sup>  
benefits beyond benefits

With high-deductible health plans being offered by more employers, **you may find yourself paying slightly higher out-of-pocket costs for your medical care.**

Your Wellness Benefit can help pay for screening tests, routine physicals or immunizations<sup>1</sup>, two per person, per calendar year, up to your benefit's maximum<sup>2</sup>. If you have family coverage, each family member can use the benefit as well, up to a total of 10 visits per year, per family<sup>3</sup>. If your insurance covers these tests and exams at no cost as part of your employee wellness program, then the benefit is money in your pocket.

- Fasting blood glucose test
- Blood test for triglycerides
- Serum cholesterol test to determine levels of HDL and LDL
- Routine mammogram
- Breast ultrasound
- Pap smear (for women over age 18)
- Prostate Specific Antigen (PSA) for prostate cancer
- Colonoscopy
- Flexible sigmoidoscopy
- Cardiac stress test
- Bone marrow testing
- Chest x-ray
- Hemocult stool specimen
- CA 15-3 blood test for breast cancer
- CA 125 blood test for ovarian cancer
- CEA blood test for colon cancer
- Serum Protein Electrophoresis (SPEP) blood test for myeloma
- Thermography

<sup>1</sup>Partial list. Covered tests may vary by state.

<sup>2</sup>Benefit varies; see your rider schedule for specific amount.

<sup>3</sup>For policies issued in FL and WA, family visits per year are unlimited.



## File Your Claim

To file a claim, simply visit the following website: [www.TrustmarkVB.com/claims](http://www.TrustmarkVB.com/claims) and click "Go to Online Claims."

After entering your information, click on "File a New Claim," type in what test or service you had and select "Health & Wellness Benefits" to start your claim. You may also call **877.201.9373** for any questions about claims.

During enrollment, a benefit counselor will be available to answer any additional questions you may have. If you have questions after you receive your policy, call us at **800.918.8877**.



**You care.  
We listen.**

*Wellness Benefit Rider WB-607 is a part of Accident Insurance Plan Form A-607, underwritten by Trustmark Insurance Company, Lake Forest, Illinois. Please see your Rider and Rider Schedule for your state for exact terms, provisions, exclusions and limitations that apply.*

<sup>1</sup> An A.M. Best rating is an independent opinion of an insurer's financial strength and ability to meet its ongoing insurance policy and contract obligations. Trustmark is rated A- (4th out of 16 possible ratings ranging from A++ to Suspended).



Underwritten by Trustmark Insurance Company  
Rated A- (EXCELLENT) A.M. Best<sup>1</sup>

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